

52<sup>nd</sup> Annual Edward W. Hook, Jr. MD

# Recent Advances in Clinical Medicine

October 22-24, 2025

Omni Hotel, Charlottesville  
and Virtually



**The 52<sup>nd</sup>** Edward W. Hook, Jr., MD Recent Advances in Clinical Medicine conference is a multidisciplinary, interprofessional, continuing education conference designed to provide primary care clinicians with the knowledge and skills needed to practice state-of-the-art generalist medicine. Through an eclectic array of presentations by representatives of general internal medicine, internal medicine subspecialties, and selected other specialties, the program will highlight new or emerging conditions or treatments with key “take-home” messages, as well



as provide updates in the diagnosis and/or management of well-recognized conditions. The educational design of the program will encompass formal presentations, question & answer panels and meet-the-professor sessions, which allow close interaction with content experts. **The entire conference, will be available in both live and virtual (Zoom) format, and recordings of all main session talks will be available to course registrants after the conference. The electronic syllabus including all main session talks will be available to all course registrants during and after the course until December 25, 2025.**

## TARGET AUDIENCE

PHYSICIANS

NURSES

PHYSICIAN ASSISTANTS

RESEARCHERS

PHARMACISTS

ADVANCED CARE  
PRACTITIONERS

## DESIRED OUTCOMES

At the completion of this program, participants will be able to:

- 1 Initiate evaluation of both common symptom complexes and medical conditions encountered in primary care and hospital practice, utilizing evidence-based and state-of-the-art approaches
- 2 Institute or modify management of selected important conditions seen in the general adult population, employing up-to-date and cost-effective strategies
- 3 Recognize when specialty referral is indicated for certain medical conditions and have a basic understanding of the anticipated care to be provided by the consultant
- 4 Counsel patients more effectively regarding the benefits, risks, and uncertainties in challenging clinical scenarios.

# AGENDA

## WEDNESDAY, OCTOBER 22, 2025

7:25-7:55am	Breakfast, Registration, and Exhibitors	
7:55-8:05am	Welcome Remarks.....	Taison Bell, MD, MBA and David Callender, MD, MPH
8:05-8:10am	General Medicine Introduction.....	DModerator: Mohan Nadkarni, MD
8:10-8:35am	Practical Pearls for Prostate Screening.....	Andy Wolf, MD
8:35-9:00am	Colorectal Screening Updates .....	Shaina Hasan, MD
9:00-9:25am	Hep C Treatment and Coordination.....	Margaret Hayden, MD
9:25-9:45am	General Medicine Discussion	

9:45-10:05am	Break and Exhibitors
10:05-10:10am	Gastroenterology/Hepatology Introduction ..... Moderator:
10:10-10:35am	The Incidental Liver Lesion ..... Anya Mezina, MD
10:35-11:00am	Workup of Diarrhea in Outpatient Setting..... Mark Worthington, MD
11:00-11:25am	Colonoscopy Prep Options ..... Anthony Rainho, MD
11:25-11:45am	Gastroenterology Discussion
11:45am-12:45pm	Lunch on Your Own
12:45-12:50pm	Hematology/Oncology Introduction..... Moderator: Michael Keng, MD
12:50-1:15pm	Work-up of Abnormal CBCs and MPNs ..... Kimberly Conrad, NP
1:15-1:40pm	Myeloproliferative Neoplasms Update ..... Michael Keng, MD
1:40-2:05pm	Basics on the MPN Treatment ..... Caroline Tatum, PharmD
2:05-2:25pm	Hematology/Oncology Discussion
2:25-2:40pm	Break and Exhibitors
2:40-2:45pm	Billing and Technology Introduction ..... Moderator: David Callender, MD, MPH
2:45-3:10pm	Ambient Listening Teaching and Outpatient Documentation ..... Stephen Borowitz, MD
3:10-3:35pm	Large Language Models in Healthcare: Are the robots going..... Andrew Barros, MD to save us?
3:35-4:00pm	Practical Coding and Billing Updates ..... Jeannine Engel, MD
4:00-4:20pm	Billing and Technology Discussion

## THURSDAY, OCTOBER 23, 2025

7:25-7:55am	Breakfast, Registration, and Exhibitors
7:55-8:05am	Welcome Remarks..... David Callender, MD, MPH
8:05-8:10am	Complex Care Introduction ..... Moderator: David Callender, MD, MPH
8:10-8:35am	Trauma Informed Care ..... Kathryn Reid, DNP
8:35-9:00am	BHI Telemedicine..... Anne Hardin, LCSW
9:00-9:20am	Complex Care Discussion
9:20-9:35am	Break and Exhibitors
9:35-9:40am	Nephrology Introduction..... Moderator:
9:40-10:05am	Helping Patients Get Ready for Transplant ..... Sarthak Virmani, MBBS
10:05-10:30am	Proteinuria Basics Before Referral ..... Yeshwanter Radhakrishnan, MD
10:30-10:55am	Morbid Obesity in Chronic Kidney Disease ..... Hasan Iftikhar, MD
10:55-11:15am	Nephrology Discussion
11:15-11:20am	Geriatrics Introduction ..... Moderator:
11:20-11:45am	De-escalation of Care ..... Caitlin Burchfield, DNP
11:45-12:10pm	Geriatric Polypharmacy ..... Bethany Delk, PharmD
12:10-12:30pm	Geriatric..... Brad Murray, MD
12:30-1:30pm	Lunch on Your Own
1:30-1:35pm	Cardiology Introduction ..... Moderator: Michael Ayers, MD
1:35-2:00pm	Chest Pain in the outpatient ..... Todd Villines, MD

2:00-2:25pm	Writing Exercise Plans .....	James MacNamara, MD
2:25-2:50pm	Antiplatelet-How long and why.....	Rajan Patel, MD
2:50-3:10pm	Cardiology Discussion	
3:10-3:20pm	Break and Exhibitors	
3:20-3:25pm	Neurology Introduction.....	Moderator: David Callender MD, MPH
3:25-3:50pm	Biomarker Testing for Alzheimer's and Therapeutic Options .....	Matt Van Doegen, MD
3:50-4:15pm	Restless Legs Syndrome: New Treatment Guidelines.....	Elias Karroum, MD, PhD
4:15-4:35pm	Neurology Discussion	

## FRIDAY, OCTOBER 24, 2025

7:25-7:55am	Breakfast, Registration, and Exhibitors	
7:55-8:05am	Welcome Remarks.....	David Callender, MD, MPH
8:05-8:10am	Palliative Introduction.....	Moderator: _____
8:10-8:35am	Buprenorphine for chronic pain: old dog, new tricks .....	Nat Timmins, MD
8:35-9:00am	Well That Escalated Quickly: "Tools for Tough Clinic Conversations."	Haley Vest, DO
9:00-9:20am	Palliative Discussion	
9:20-9:35am	Break and Exhibitors	
9:35-9:40am	Pulmonary Introduction.....	Moderator: _____
9:40-10:05am	Sarcoidosis for the PCP.....	Cathy Bonham, MD
10:05-10:30am	Palliative care for patients with pulmonary disease .....	Kathleen Waybill, MD
10:30-10:55am	Pleural Effusions for the PCP.....	Kat Egressy, MD
11:55-11:15am	Pulmonary Discussion	
11:15-12:15pm	Lunch on Own	
12:15-12:20PM	Infectious Disease Introduction.....	Moderator: David Callender, MD, MPH
12:20-12:45pm	New Oral Antibiotics .....	Lindsay Donohue, PharmD
12:45-1:10pm	Measles Refresher .....	Greg Madden, MD
1:10-1:35pm	Avian Influenza Update.....	James Platts-Mills, MD
1:35-1:55pm	Infectious Disease Discussion	
1:55-2:10pm	Break and Exhibitors	
2:10-2:15pm	Endocrinology Introduction .....	Moderator: _____
2:15-2:40pm	How to make your practice CGM-ready: workflow approaches .....	Jack Weisskohl, DNP
	for successful implementation of CGM in primary care	
2:40-3:05pm	Goal Directed Treatment of Osteoporosis .....	Lisette Rodriguez, MD
3:05-3:35pm	Pituitary Tumors.....	Erica Giralddi, MD
3:35-3:55pm	Endocrinology Discussion	
3:55-4:10pm	Closing Remarks .....	David Callender, MD, MPH





## PLANNING COMMITTEE

**David Callender, MD**  
Assistant Professor  
General Medicine,  
Course Director

**Michael Ayers, MD**  
Assistant Professor  
Cardiovascular

**Patrick Jackson, MD**  
Assistant Professor,  
Infectious Disease

**Beth Jaeger-Landis, APP**  
Internal Medicine

**Michael Keng, MD**  
Associate Professor,  
Hematology-Oncology

**Daphne Knicely, MD**  
Associate Professor,  
Nephrology

**Donna Landen, MD**  
Assistant Professor,  
Family Medicine

**Hannah Mannem, MD**  
Associate Professor,  
Pulmonary

**Kathryn Reid, PhD, FNP-C**  
Associate Professor,  
School of Nursing

**Lisette Rodriguez, MD**  
Assistant Professor,  
Endocrinology

**Wendy Sewack, M.Ed, MPH**  
Program Manager, Office of  
Continuing Education

**Brian Wentworth, MD**

**Andrew Whitman, PharmD**  
BCOP, Lead Clinical  
Pharmacist

## UNIVERSITY OF VIRGINIA FACULTY SPEAKERS

**Andrew Barros, MD**  
**Taison Bell, MD, MBA**  
**Cathy Bonham, MD**  
**Stephen Borowitz, MD**  
**Caitlin Burchfield, DNP**  
**Kimberly Conrad, NP**  
**Matt Van Doegen, MD**  
**Kat Egressy, MD**  
**Jeannine Engel, MD**  
**Erica Giraldi, MD**  
**Anne Hardin, LCSW**  
**Shaina Hasan, MD**  
**Margaret Hayden, MD**  
**Hasan Iftikhar, MD**  
**Elias Karroum, MD, PhD**  
**Michael Keng, MD**  
**James MacNamara, MD**  
**Greg Madden, MD**

**Anya Mezina, MD**  
**Brad Murray, MD**  
**Mohan Nadkarni, MD**  
**James Platts-Mills, MD**  
**Rajan Patel, MD**  
**Yeshwanter Radhakrishnan, MD**  
**Anthony Rainho, MD**  
**Kathryn Reid, DNP**  
**Lisette Rodriguez, MD**  
**Nat Timmins, MD**  
**Haley Vest, DO**  
**Todd Villines, MD**  
**Sarthak Virmani, MBBS**  
**Kathleen Waybill, MD**  
**Jack Weisskohl, DNP**  
**Andy Wolf, MD**  
**Mark Worthington, MD**

## REGISTRATION

Registration and payment are available at [www.cmevillage.com](http://www.cmevillage.com), (visit our Learning Portal or Upcoming Events). Registration will close midnight on October 22, 2025. The course syllabus will be available online only the week of the conference until 30 days after the conference. *No print syllabus will be available.*

Registration Type	Thru Oct. 15	Oct. 16-22
Physician (In Person or Zoom).....	\$650 .....	\$750
Other HCP.....	\$600 .....	\$700
Industry Employee.....	\$750.....	\$850

Registration closes on \_\_\_\_\_. No walk-in registration will be accepted.

Direct link to conference:

<https://uva.cloud-cme.com/course/courseoverview?P=1&EID=27789>

Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310.

**DIRECT LINK**

**HOTEL** — Conference will be held at the **Omni Charlottesville Hotel**, 212 Ridge McIntire Road, Charlottesville, Virginia 22903. To make reservations, please call **434-971-5500** or visit [www.omnihotels.com](http://www.omnihotels.com)

**OMNIHOTELS**



## ACCREDITATION AND DESIGNATION STATEMENT

In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

UVA Health Continuing Education designates this live activity for a maximum of **22 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

UVA Health Continuing Education awards up to **22 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

### Hours of Participation

UVA Health Continuing Education awards **22 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

### Pharmacists\*

UVA Health Continuing Education has been authorized by the Accreditation Council for

Pharmacy Education (ACPE) to award ACPE credit for activities planned in accordance with ACPE Criteria. This knowledge-based activity is designated for 22 ACPE credit hours. *\*DOB and NABP are required for reporting APCE credit*

### Maintenance of Certification (MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 22 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This Live activity, 52nd Annual Edward W. Hook, Jr., MD – Recent Advances in Clinical Medicine, with a beginning date of 10/23/2025, is being reviewed for acceptance of prescribed credit(s) by the American Academy of Family Physicians.